

More than 4 out of 10 young people struggle with **mental health**.  
More than 1 out of 4 young people use **drugs** and **alcohol**, often to cope.  
***You are not alone.***

The **CHARGE Clinic** (Choosing Health: Adolescents Reaching their Goals through Empowerment) at Thomas Jefferson University Hospital is now offering **mental health evaluations** and treatment recommendations to any adolescent or young adult (up to age 25) currently using substances.



If you—or a loved one—are 25 or under, want to improve your mental health, and are currently using any substances (such as cannabis, alcohol, nicotine, opioids, or cocaine), call to schedule an evaluation with the CHARGE clinic.

Doctors will meet with individuals or families to perform a full psychiatric evaluation and make recommendations for treatment. In some cases this may include ongoing treatment at CHARGE, which offers psychiatric medication management and some psychotherapy services.

This clinic accepts [CBH/Philadelphia Medicaid](#) and most [Aetna](#) and [Blue Cross/Blue Shield](#) plans (some other plans are accepted; please call to learn more).

Call **215-955-8420** and ask for the **CHARGE Clinic** to schedule an appointment\*

*\*Please note, you must specifically ask for the CHARGE Clinic when calling for an appointment.*

### **Office Location:**

TJUH Dept. of Psychiatry & Human Behavior  
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